DID YOU KNOW? THE MANNUM HOTEL HAS A GLUTEN FREE MENU!

At the Mannum Hotel, we believe everyone deserves to enjoy a delicious pub meal! ❤

We have a dedicated Gluten Free Menu with a tasty selection of meals, so you don't have to miss out on your pub favourites!

AND HERE'S THE BEST PART!
We have a SEPARATE FRYER for our gluten free food, helping to minimise the risk of cross-contamination!

Whether you're gluten intolerant, coeliac or simply prefer gluten free options, we've got something for you!

The MANNUM HOTEL EST. 1869

Gluten Free MENU

BREAKFAST

EGGS & BACON 16
Eggs, cooked your way & bacon served with GF toast

EGGS ON TOAST 13
Eggs, cooked your way with GF toast

CHEF'S BREAKFAST 25
Eggs, cooked your way, bacon, tomato, mushrooms with GF toast

3 EGG OMELETTE

EGGS AVAILABLE FRIED, SCRAMBLED OR POACHED
SERVED WITH GF TOAST

2 Fillings 18 | 3 Fillings 20

Choice of: bacon, ham, cheese, onion, tomato, mushroom

SNACKS

BASKET OF CHIPS 11
With gravy or tomato sauce

FRONT BAR FEEDS

THE WORKS STEAK SANDWICH 24
GF bread, minute steak, bacon, egg, cheese, lettuce, tomato, beetroot, red onion, tomato sauce, egg mayo

PLAIN JANE STEAK SANDWICH 18
GF bread, minute steak, cheese, lettuce, tomato, red onion, tomato sauce, egg mayo

P.S MARION CLUB SANDWICH 23
GF bread, chicken breast, bacon, Swiss cheese, lettuce, tomato, egg mayo & tomato relish

SCHNITZELS

BEEF SCHNITZEL Half 22 | Full 28
Tender crumbed beef, chips, salad

CHICKEN SCHNITZEL Half 21 | Full 27
Crumbed chicken breast, chips, salad

EGGPLANT PARMIGIANA 25
Crumbed eggplant, nap sauce, cheese, chips, salad

SAUCES & TOPPINGS

SAUCES
Gravy 3 | Mushroom 4 | Pepper 4
Dianne 4 | Creamy Garlic 5

TOPPINGS
Parmigiana 5 | Aussie 6
Garlic Prawn 10 | Surf & Turf 10

STARTERS

BOGAN BRUSCHETTA 17
GF artisan bread, basil pesto, ripe tomato, red onion, feta, balsamic glaze

MAPLE & HARISSA CHICKEN WING NIBBLES 18
Sweet & spicy sauce, garlic aioli

PRAWN COCKTAIL (I) 19
Prawn tails, iceberg lettuce, Marie Rose sauce, lemon wedge

SALADS

STEAM DOCK SALAD 24
Char grilled pumpkin, cherry tomato, cos lettuce, red onion, cucumber, avocado, feta & green herb dressing

ADD CHICKEN 5 | PRAWNS 8

OLD FAVOURITES

ROAST OF THE DAY POA

FROM THE GRILL

250G GA PORTERHOUSE 32
300G SCOTCH 44

PUB CLASSICS

PADDLESTEAMER CHICKEN 35
Chicken breast, baby potatoes, broccolini, smoked cheese sauce

FROM THE SEA

FISH & CHIPS (I)
Salad, lemon wedge, tartare sauce.
Available grilled or crumbed.
1 Piece 21 | 2 Pieces 26

CRUMBED PRAWNS (I)
Chips, salad, lemon wedge, tartare.
Half 21 | Full 26

HONEY CHILLI PRAWNS (I)
Steamed rice. Half 25 | Full 33

CREAMY GARLIC PRAWNS (I)
Steamed rice. Half 25 | Full 33

SIDES

GREEN VEGETABLES 5 | MASHED POTATO 6
ROAST VEGETABLES 6 | GARDEN SALAD 5

SWEETS

CHOCOLATE PUDDING 13
Chocolate sauce, cream & vanilla ice cream

OTHER GLUTEN FREE SWEET OPTIONS AVAILABLE IN OUR DESSERT CABINET

SEAFOOD LABELLING: (M) Mixed Origin of Imported & Australian Seafood (I) Imported Seafood (A) Australian

PUBLIC HOLIDAYS 10% SURCHARGE APPLIES TO ALL MEALS